

# Your Guide to a Perfect Day in Cascais

# Morning

Start the day with a stroll through **Cascais' historic center**. Wander the cobblestone streets, peek into small shops, and stop at a café for coffee and pastries on a sunny terrace. Afterward, visit **Praia da Rainha** (Queen's Beach), a charming little cove right in town, for a short beach stop or simply to enjoy the view.





## Late Morning

Head toward the **Marina** and take the scenic walk along the seaside promenade to **Boca do Inferno**, the dramatic cliff formation where waves crash into the rocks. It's an easy, stroller- and wheelchair-friendly walk with benches along the way.





#### Lunch

Enjoy a leisurely seafood or grilled-fish lunch at a **local restaurant by the marina or in the old town**. For younger ones, vegetarians, and other food restrictions, most spots also offer pasta or simpler dishes.

#### Afternoon

Spend a relaxed afternoon at **Parque Marechal Carmona**, a lush park with gardens, a playground, and even free-roaming peacocks: great for kids and restful for adults. Right beside it is the **Museu Condes de Castro Guimarães**, a fairytale-like villa with a small but interesting collection.





### Late Afternoon

End the day slowly: pick up a gelato in the **old town** and meander back toward Pestana Cidadela, ready to freshen up before the evening dinner together.

### **Evening: Sunset Dinner**

After a day of adventures, we'll gather for a special dinner, a relaxed evening filled with delicious food, shared stories, and good company.

As the sun sets, let's raise a glass and toast to Day 2!

